

THE HOCKEY ACADEMY & SEVENOAKS HOCKEY CLUB



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ADULT HOCKEY MORNING!

Open to ALL that would like a FUN alternative to the Gym!

The Hockey Academy is open to adults looking for a fun team sport to play! Open to all abilities, all fitness levels and all hockey experiences. The sessions will be held at Hollybush Lane, TN13 3UX on **Tuesdays** mornings. The sessions will start at **9.15am** and finish at **10.30am**. Coffee after is an optional bonus! And we go for Brunch every half term too!

The dates are **every Tuesday** as shown below:

September 11, 18, 25

October 2, 9

The SESSIONS will help you with some of the basic, as well as the more advanced **TECHNICAL** elements of hockey, as well as plenty of **GAME PLAY!** All within a **FUN & SAFE LEARNING** environment.

All coaches are expert players and/or certified coaches (England Hockey qualifications, DBS and safeguarding certificate).

To register a place please follow the instructions outlined below:

- Please complete the form below and then email, scan or photograph it back to me at: duncan@thehockeyacademy.co.uk
- Please then make an online transfer to The Hockey Academy.
- **Cost:** £40.00:

Account Number: 71392336 Sort Code: 40-09-29

Reference: ADULT + YOUR SURNAME e.g. ADULT PARNIS would be mine.

Email a	address					
Medica	al Issues					
Declara	ation (please	tick/highlight):				
		hockey is a cont by a qualified fir	•	ere is a possibility	of injury.	I agree to being treated
	consent to l	eing photograp	ned or filmed fo	r coaching and/or	promotio	onal purposes.
				ss or damage to persond refund the full fee		rty whilst training. ys of the course starting.