**U12 INDOOR PERFORMANCE ACADEMY**

**The Hockey Academy**

**The Hockey Academy** INDOOR Performance Academy is open to **HIGH PERFORMANCE BOYS & GIRLS**, in Year 7. The sessions are held at Trinity School, Seal Hollow Road, TN13 3SL. **These sessions are by invitation only, so WELL DONE!** The sessions will start at **4.50pm** and will finish at **5.50pm**. Please aim to arrive at **4.45pm** so that we can make a prompt start.

The dates are as shown below:

 September 7, 14, 21, 28

 October 5, 12, 19

 November 2, 9, 16, 23, 30

The INDOOR SESSIONS will help your child improve their **TECHNICAL** hockey, as well as their **GAME PLAY** all within a **FUN & SAFE LEARNING** environment. There will also be a focus on **SPEED**, **AGILITY** and **CORE STABILITY** designed to improve their running technique and core movement skills.

All coaches are expert players and/or certified coaches (England Hockey qualifications, DBS and safeguarding certificate).

**To register a place please follow the instructions outlined below:**

* Please complete the form below and then email, scan or photograph it back to me at: duncan@thehockeyacademy.co.uk, (If your child has already attended there is no need for a form).
* Please then make an online transfer to **The Hockey Academy**.
* **Cost:** £96:

 Account Number: 71392336

 Sort Code: 40-09-29

 Reference: INDOOR + YOUR SURNAME e.g. INDOOR PARNIS would be mine.

✂---------------------------------------------------------------------------------------------------------------------------------------

**Name of Child/Children** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Date of Birth** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Emergency Contact Number** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Email** **address** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Medical Issues** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Declaration (please tick/highlight):**

* I understand hockey is a contact sport and there is a possibility of injury. I agree to my child being treated with first aid by a qualified first aider.
* I consent to my child being photographed or filmed for coaching and/or promotional purposes.

**The Hockey Academy** does not accept responsibility for any loss or damage to persons or property whilst training.

**The Hockey Academy** reserves the right to cancel the course and refund the full fee within 7 days of the course starting.

**Signed:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_